

## Group one

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## Visit to Social Enterprises – Reflection

Visiting the social enterprises was a fruitful experience for our group, comprising Chong Sum Yip, Kathryn, Gabrielle, Chan Long Kiu and Nicole. As we learnt about the community services that are quite famous in Hong Kong, we visited The Good Lab, Good Kitchen and learnt about the Diamond Cab.



The Good Lab



Good Kitchen



Diamond Cab

Firstly, we talked about what social enterprises are and learned a lot about The Good Lab. We then had a look at The Good Lab and found that it was very environmentally friendly! Some of their tables are made from gears of a car and they used a kind of environmentally friendly material for the ceiling. It was very quiet, so it must be a very good atmosphere for the people working there.

Secondly, we learned about The Good Kitchen. The Good Kitchen is a Chinese restaurant and uses the themes of caring, being environmentally friendly and healthy. We then visited the restaurant. Their ceiling was also made with the environmentally friendly material we previously saw. We also visited their kitchen, which used electronic stoves to prevent overheating in the kitchen. The kitchen was orderly too; they would separate the cooked meat and the raw meat. It wasn't very wet everywhere. We even had a chance to try their food at the restaurant! It was very delicious.

Lastly, we learnt about Diamond Cab. We learnt what a Diamond Cab is and how the idea of making a Diamond Cab came to the creator. Diamond Cab actually is a vehicle including a wheelchair seat. It helps people who need wheelchairs to go to the hospital in urgent situations.

We are very glad we joined the tour to social enterprises and learned about the social work people do. We believe that in the future, we can help the community using the knowledge we have learnt here and serve the community with all our heart.

